



Westman Physical Literacy Winter "Activity Calendar"



1. Make snow people
2. Paint hopscotch onto the snow
3. Go skating/[learn to skate](#)
4. Go [tobogganing](#)
5. Take a winter hike
6. Go on a [winter scavenger hunt](#)
7. Explore a favourite summer park in the winter
8. Dance around a winter campfire
9. [Follow animal tracks](#)
10. Make snowballs and [throw them at targets](#)
11. Go snow bowling
12. Create an [outdoor obstacle course](#)
13. Try a summer sport in the snow. Kick a soccer ball, strike a baseball, volley a tennis ball or volleyball

14. Play road hockey
15. Explore snowflakes and see how each one is different
16. Try [curling](#)
17. [Paint the snow](#)
18. [Blow frozen bubbles](#)
19. Hula hoop in the snow



20. Go on a [colored ice scavenger hunt](#)
21. Have a [snowball throwing contest](#)
22. Set up a [snow golf course](#)
23. Play freeze tag
24. Count how many snow angels you can make
25. Play [winter walking bingo](#)
26. Crank some music and dance outside in the snow
27. Make a [snow maze](#)
28. Make [ice sculptures](#)
29. Play icicle javelin
30. Make [ice molds/sun catchers](#)